

EMBARK ON YOUR JOURNEY TO

CAPF AC 2026



CAPF AC 2026

COMPLETE COURSE DETAILS



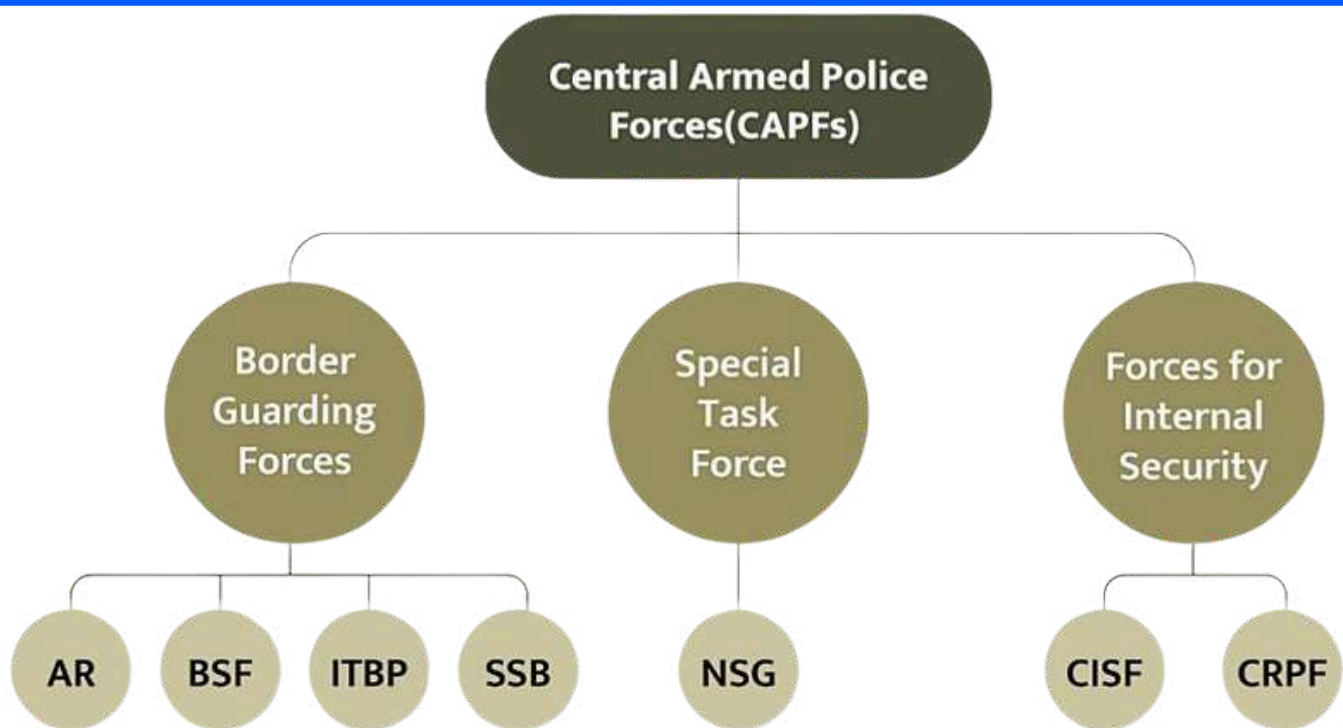
*Start your path to becoming a
CAPF Assistant Commandant
in the 2026 exam*

WHAT IS CAPF AC?



The **Central Armed Police Forces (CAPF)** are India's elite paramilitary forces under the **Ministry of Home Affairs**, tasked with safeguarding the nation's borders, maintaining internal security, and supporting law and order during emergencies. CAPFs include the **Border Security Force (BSF)**, **Central Reserve Police Force (CRPF)**, **Central Industrial Security Force (CISF)**, **Indo-Tibetan Border Police (ITBP)**, and **Sashastra Seema Bal (SSB)**.

- These forces play a vital role in national security, disaster relief, counter-insurgency, anti-terror operations, and VIP protection.
- Young graduates can join these forces as **Assistant Commandants (Group-A Gazetted Officers)**, the entry-level leadership post, by clearing the **UPSC CAPF (AC) Examination**. This is the only direct officer-entry route into the CAPFs, offering an honorable career of leadership, service, and adventure.





About the **CAPF AC 2026 Examination**

The Central Armed Police Forces (Assistant Commandants) Examination 2026 is a national-level recruitment exam conducted by the Union Public Service Commission (UPSC) to select young graduates as Group-A Gazetted Officers (Assistant Commandants) in India's five premier paramilitary forces – BSF, CRPF, CISF, ITBP, and SSB.



As per the UPSC Examination Calendar 2026

Notification Date: 18 February 2026

Written Examination Date: 19 July 2026 (Sunday)

Recruiting Authority: Union Public Service Commission (UPSC)

Post Offered: Assistant Commandant (Group A) under the Ministry of Home Affairs.

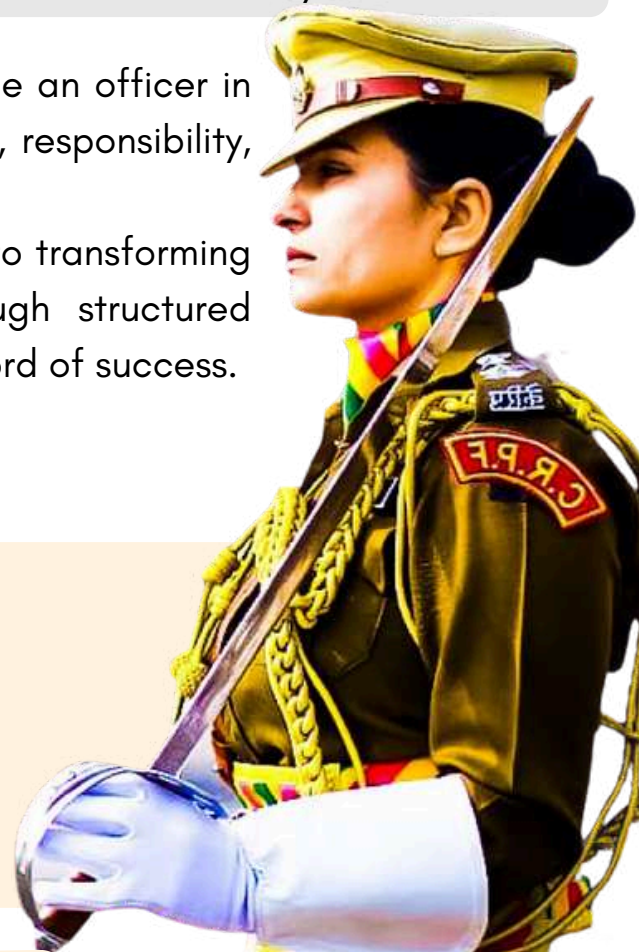
This exam is the only direct entry route to become an officer in the CAPFs, offering a career of discipline, honor, responsibility, and leadership.

At **NDI Defence Institute**, we are committed to transforming passionate aspirants into future officers through structured coaching, personal mentorship, and a proven record of success.

ELIGIBILITY CONDITIONS

Nationality:

- Must be a citizen of India
- Subjects of Nepal or Bhutan can be considered with prior written consent of the Government of India.



AGE LIMIT

BSF, CRPF, CISF, ITBP, and
SSB (Assistant Commandants)

AGE LIMIT
20 to 25 years

BORN BETWEEN
2nd August 2001 and 1st August 2006

CAPF AC 2026 EXAM Age relaxation



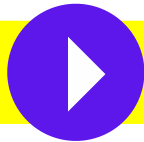
General/EWS
25 years

(Born between **02 AUG 2001** - 01 AUG 2006)



Other Backward Classes
OBC 28 years
(Non creamy layer) (25+3)

Born between **02 AUG 1998**- 01 AUG 2006)



Scheduled Caste / Scheduled Tribe
SC/ST 30 years
(25+5)

(Born between **02 AUG 1996** - 01 AUG 2006)

- **Civilian Central Government Servants:** Up to 30 years
- **Ex-Servicemen:** Up to 30 years (max. 5 years relaxation)

Educational Qualifications

Must hold a Bachelor's Degree from:

- ▶ **Education:** Applicants must be a graduate from a UGC-recognized university. (Any Degree)
- ▶ **Marks:** There is no minimum marks requirement.
- ▶ **Status:** Final year/semester students are eligible to apply.
- ▶ **Gender:** Both male and female candidates can apply for posts in CISF, CRPF, SSB, BSF, and ITBP.

Final-year candidates (appearing in 2026)

- ▶ Final-year candidates (appearing in 2026) are also eligible to apply, but they must Qualify their degree examination before the PET/Medical stage.
- ▶ Submit valid proof of passing, such as:
 - **Degree Certificate**
 - **Final Mark Sheet**
 - **Provisional Certificate**
- ▶ In exceptional cases, the UPSC may consider candidates with equivalent qualifications from other institutions if the Commission is satisfied with their standard.



TENTATIVE SCHEDULE OF UPSC CAPF AC 2026 EXAMINATION

Events

Notification
Written Exam
Written Result
Physical/Medicals
UPSC Interview
Final Merit List

TENTATIVE DATES

18 February 2026
19 July 2026 (Sunday)
Sep/Oct 2026
December 2026
April/May/June 2027
June 2027



PLAN OF THE EXAMINATION

The UPSC CAPF AC examination comprises

1 WRITTEN EXAM

- Paper I—General Ability & Intelligence (250 Marks)
- Paper II—General Studies, Essay & Comprehension (200 Marks)

2 Physical Standards Test (PST) & Physical Efficiency Test (PET)

- Only candidates who qualify for the written exam are called for PST/PET.

3 Interview / Personality Test (150 Marks)

- Conducted by UPSC for candidates who qualify for the PET and medical tests.

4 Medical Standards Test (DME & RME)

- Conducted under the supervision of a Nodal Authority appointed by the Ministry of Home Affairs (MHA).

5 Final Selection / Merit List

- The final merit is based on the combined marks of the written examination (500) and the interview/personality test (150).
- Candidates must also be declared medically fit to be considered for appointment as Assistant Commandants.

CAPF AC 2026 EXAM PATTERN

► **The written exam conducted by UPSC in two papers on the same day.**







SUBJECT	DURATION	PAPER TYPE	QUESTIONS	MARKS
PAPER-I [General Ability and Intelligence]	2 Hours	Objective Type	125 Qs	250
PAPER-II [General Studies, Essay and Comprehension]	3 Hours	Descriptive Type	06 Qs	200

Important Note



- Minimum qualifying marks may be fixed separately for each paper by UPSC.
- Paper II will be evaluated only for those who qualify Paper I.

CAPF AC 2026 EXAM SYLLABUS

PAPER I : GENERAL ABILITY AND INTELLIGENCE


-  **General Mental Ability:** The questions will be designed to test the logical reasoning, quantitative aptitude including numerical ability, and data interpretation.
-  **General Science:** The questions will be set to test general awareness, scientific temper, comprehension, and appreciation of scientific phenomena of everyday observation, including new areas of importance like information technology, biotechnology, and environmental science.
-  **Current Events of National and International Importance:** The questions will test the candidates' awareness of current events of national and international importance in the broad areas of culture, music, arts, literature, sports, governance, societal and developmental issues, industry, business, globalization, and interplay among nations.
-  **Indian Polity and Economy:** The questions shall aim to test candidates' knowledge of the country's political system and the Constitution of India, social systems and public administration, economic development in India, regional and international security issues, and human rights, including its indicators.
-  **History of India:** The questions will broadly cover the subject in its social, economic, and political aspects. This shall also include the areas of growth of nationalism and the freedom movement.
-  **Indian and World Geography:** The questions shall cover the physical, social, and economic aspects of geography pertaining to India and the world.

PAPER II : GENERAL STUDIES, ESSAY AND COMPREHENSION

-  **Part A**—Essay questions, which are to be answered in long narrative form either in Hindi or English, totaling 80 marks. The indicative topics are modern Indian history, especially of the freedom struggle; geography; polity and economy; knowledge of security and human rights issues; and analytical ability.
-  **Part B** - Comprehension, précis writing, other communications/language skills - to be attempted in English only (Marks 120) - The topics are comprehension passages, précis writing, developing counterarguments, simple grammar, and other aspects of language testing.


Physical Efficiency Tests

- ▶ Candidates who qualify the Written Examination will be summoned for the Physical Standards Test (PST) and Physical Efficiency Test (PET).

	Male	Female
	100 METERS RACE	16 seconds
	800 METERS RACE	3 minutes 45 seconds
	LONG JUMP	3.5 Meters (3 chances)
	SHOT PUT (7.26 KGS.)	4.5 Meters (3 chances)
		18 seconds
		4 minutes 45 seconds
		3.0 meters (3 chances)
		-

Physical Standards Tests

- ▶ The minimum requirements for the candidate are

	Male	Female
	HEIGHT	165 cm
	CHEST	81 cm (unexpanded)
	WEIGHT	50 kg
		157 cm
		-
		46 kg

Interview / Personality Test (150 Marks)



- ▶ Candidates who qualify the Physical Standards Test (PST) and Physical Efficiency Test (PET) will be called for the Interview/Personality Test conducted by the UPSC.
- ▶ Candidates who are declared unqualified in PET will not be called for the interview/personality test.

The interview/personality test carries 150 marks and is designed to assess:


- Leadership qualities
- Mental alertness
- Decision-making ability
- Integrity, social traits, and Officer-Like Qualities.

Final Selection & Merit List

- ▶ The final merit list will be prepared based on the total marks obtained by the candidates in:
 - Written Examination (400 Marks)
 - Interview / Personality Test (150 Marks)
- Only candidates who are also declared medically fit as per the prescribed Medical Standards Tests (MST) will be considered for appointment as Assistant Commandants.

🏆 Our CAPF Achievers – From Guidance to Glory


*These students participated in the **NDI Interview Guidance & Mentorship Initiative**, designed exclusively for selected aspirants who reached the final interview stage and with our expert support, they cleared the prestigious CAPF Assistant Commandant Examination.*



UPSC CAPF AC
2023 TOPPERS

AIR 09
ANUSHMAN
RAJ

NDI Interview Guidance & Mentorship Initiative



UPSC CAPF AC
2023 TOPPERS

AIR 80
GOWRI
SHANKAR

NDI Interview Guidance & Mentorship Initiative



UPSC CAPF AC
2023 TOPPERS

AIR 264
DHANUSH
RAGHAVAN

NDI Interview Guidance & Mentorship Initiative



UPSC CAPF AC
2024 TOPPERS

AIR 26
Harshit
kumar


NDI Interview Guidance & Mentorship Initiative



UPSC CAPF AC
2024 TOPPERS

AIR 103
Aksh
Shegal


NDI Interview Guidance & Mentorship Initiative



UPSC CAPF AC
2024 TOPPERS

AIR 120
Thavasvi
Arunachalam


NDI Interview Guidance & Mentorship Initiative



UPSC CAPF AC
2024 TOPPERS

AIR 263
Sachin
Kumar

NDI Interview Guidance & Mentorship Initiative



UPSC CAPF AC
2024 TOPPERS

AIR 336
Gaithaolung
Pamei


NDI Interview Guidance & Mentorship Initiative



UPSC CAPF AC
2024 TOPPERS

AIR 373
Divyank
Bhatra


NDI Interview Guidance & Mentorship Initiative



UPSC CAPF AC
2024 TOPPERS

AIR 393
Katalanpou
Rongmei


NDI Interview Guidance & Mentorship Initiative



UPSC CAPF AC
2024 TOPPERS

AIR 442
Mukhesh
Kumar

NDI Interview Guidance & Mentorship Initiative



They did it..
Now, are you
ready to be
the next?

"If our guidance initiative created officers, imagine what our full courses can do for you."

NOW IT'S YOUR TURN TO WEAR THE STARS

Build your path to become an Assistant Commandant with NDI's CAPF AC 2026 Courses structured learning, strategic mentorship, and complete officer-building support under one roof.



CAPF AC 2026 CENTRAL ARMED POLICE FORCES ASSISTANT COMMANDANT [BSF, CRPF, CISF, ITBP, SSB]

About the Course

The NDI Defence Institute proudly presents the CAPF AC 2026 Complete Course, designed to deliver syllabus mastery, rigorous practice, and personalized guidance for aspirants aiming to crack the UPSC CAPF Assistant Commandant Examination, 2026. This course combines concept classes, test practice, mentorship, physical preparation, and interview grooming—giving students a complete officer-building ecosystem under one roof.

Course Highlights

Comprehensive Coverage



- The syllabus for CAPF Paper-I & Paper-II is fully covered as per the notification.
- Current affairs and static portions are integrated across subjects
- Thoroughly revised and complete study material.

📖 Hard copies for Classroom students

💻 Soft copies (PDFs) for Live Online & Recorded students

One-to-One Mentorship



- Dedicated mentors for every student
- Continuous individual assessment of progress
- Personalised guidance for strategy, scheduling, and subject improvement
- Regular doubt-solving sessions (offline + online)

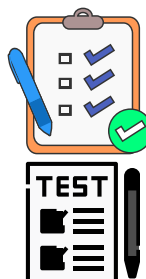
Realistic Mock Tests



- Previous Year Question Paper discussions with analysis
- Weekly tests, full-length test series** & All India mock tests**
- Revision classes for both papers before CAPF 2026 exam

****Note:** ✅ Test Series is included in Classroom & Live Online courses, and is available as a separate add-on for Recorded course students.

Paper-II [Writing Practice]



- Weekly answer writing practice for Essay, Comprehension & Précis
- Detailed evaluation on structure, content, context, and conclusion
- Feedback & scoring tips to maximise marks in descriptive paper.

Convenient Student Portal Access

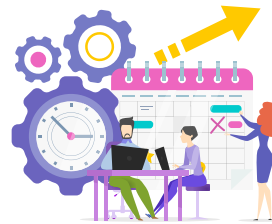


- Individual login dashboard for both online and offline students
- Track scores, attendance, progress reports, and feedback

Access to NDI's premium resources:

- YUKTI Daily Answer Writing Program
- Daily CAPF Quiz
- NDI Study Notes (PDF)
- Current Affairs Monthly Magazine (PDF)

Well-Designed Schedule



- Structured, disciplined schedule for result-oriented preparation
- Tests designed on UPSC's pattern and level of difficulty
- Flexibility to attempt tests at your convenience



Course Outcomes



Simulated Exam Experience and Psychological Readiness



Developing Critical Thinking, Analytical and Problem Solving Skills



Integration and Application of Current Affairs



Performance Improvement and Strategy Refinement



Effective Time and Resource Management



Peer Comparison and Self Assessment

NOTE

- **Validity:** Access is valid until the UPSC CAPF AC 2026 Examination.
- **Study Materials:**
 - A hard copy notes and practice sheets is provided only for classroom students.
 - Soft copy (PDFs) provided to Live Online and Recorded students
- **Test Series:**
 - Included with Classroom & Live Online courses
 - ⚠️ The Recorded course does not include the Test Series—it can be purchased separately
- 📖 Content Access: Question papers, answer keys, and explanations will be provided digitally via the NDI portal.
- 🧠 Personalised Mentorship & Dashboard access is for enrolled students only and is non-transferable.
- ❌ Refund Policy: No refunds, batch transfers, or fee adjustments will be permitted once admission is confirmed.
- 📍 Classroom Centre: Test halls and classrooms remain open 7 days a week (except notified holidays).
- ⚠️ NDI reserves the right to make necessary changes to class schedules, test timings, or faculty assignments for any course.



EMBARK ON YOUR JOURNEY TO CAPF AC 2026 COURSE PLANS

At NDI, we understand that every aspirant's journey is unique. That's why we offer three focused and powerful training modes – **Classroom, Live Online, and Recorded** – designed to match your learning style, budget, and preparation timeline.

Whether you want the discipline of our classroom, the flexibility of live interactive classes, or the convenience of self-paced recorded lectures, you'll receive structured learning, expert guidance, and unwavering support until you earn your stars. ★★ ★

CAPF AC 2026 EXAM COURSE PLANS INTRO

PREMIUM

CLASSROOM

The CAPF PREMIUM is our flagship **classroom program**, designed for aspirants who want **daily discipline, face-to-face mentorship, and a complete officer-like training environment**. It includes **hard copy study material, personal mentoring, test series, PET & interview preparation, and full support till selection**.

PRIME

ONLINE-LIVE

The CAPF PRIME is a structured **live online program**, ideal for aspirants who want **real-time classes, mentorship, test series, and continuous faculty guidance** from anywhere in India. It offers the perfect balance of **flexibility and accountability**, with recorded backups and full exam-oriented support.

CORE

ONLINE-RECORDED

The CAPF CORE is a **self-paced recorded course** for aspirants who prefer flexible learning. It provides **complete recorded lectures and study PDFs**, making it ideal for disciplined, independent learners who want content access at an affordable price.

✦ Note

- All plans are designed for the CAPF AC 2026 exam cycle. Features and support vary by mode to suit different learning needs.

CAPF AC 2026

Your dream.

Your strategy..

Your success...

— starts with the plan you choose today.



★★★★★
PREMIUM

CAPF CLASSROOM

(Ground Training with Full Mentorship)

**FLAGSHIP PROGRAM CLASSROOM
(OFFLINE)**

₹35,400



IDEAL FOR

Aspirants seeking complete discipline, daily guidance, and a full classroom campus experience



KEY DIFFERENCE

Includes hard copy notes, study hall access, full mentorship, and 50-Test Series (worth ₹3,999) & PET included

★★★★★
MOST POPULAR

CAPF ONLINE-LIVE

PRIME

(Live Strategy & Discipline from Anywhere)

LIVE ONLINE (INTERACTIVE)

₹11,800



IDEAL FOR

Students wanting structured live classes with mentorship and continuous support from home



KEY DIFFERENCE

Includes live classes + recorded backup, soft copy PDFs, personal mentorship, and 50-Test Series (worth ₹3,999) included

BEST PRICE

CAPF RECORDED

CORE

(Self-paced Study with Flexible Access)

RECORDED (SELF-PACED)

₹5,900



IDEAL FOR

Students who want affordable self-paced recorded content without mentorship



KEY DIFFERENCE

Includes recorded lectures of live classes along with soft copy PDFs.
✗ no mentorship or Test Series (can upgrade to PRIME anytime)



CAPF AC 2026 CLASSROOM (OFFLINE)

(Ground Training with Full Mentorship)



★★★★★
PREMIUM

PLAN

₹ 35,400

The **CAPF PREMIUM Course** is our flagship **classroom program** at NDI Chennai, built for students who want complete discipline, face-to-face mentorship, and structured preparation for the UPSC CAPF AC 2026 exam.

You Can Count On Us For

- Full coverage of Paper-I & Paper-II syllabus
- Hard copy notes, Practice sheets and soft copy PDFs
- Current Affairs Magazine (Monthly)
- 50+ test series (sectional, full-length, All-India)
- Essay writing with evaluations
- Weekly Mock Test & Answer writing practice (Paper-II)
- PET training plan & Interview training (DAF + mock panels)
- Doubt-solving and personal mentoring sessions
- Individual login dashboard to track tests, marks & progress
- Study hall access, peer interaction, and daily discipline.



CAPF AC 2026

LIVE ONLINE

PRIME

(Live Strategy & Discipline from Anywhere)

MOST POPULAR

₹11,800

The **CAPF Live Online Course (PRIME)** brings NDI's expert guidance to your home through **Live interactive classes** and real-time mentorship, ideal for aspirants seeking a structured approach with the flexibility of online learning.

You Can Count On Us For

- Complete coverage of Paper-I & Paper-II via live classes
- Soft copy PDFs of study material
- Monthly Current Affairs Magazine (PDF)
- 50-Test Series (sectional, full-length, All-India) included
- Essay writing with evaluations
- Weekly mock tests & answer writing practice (Paper-II)
- PET planner + Interview orientation session
- Doubt-solving and personal mentoring sessions
- Recorded backup of all live sessions
- Individual login dashboard to track scores, feedback & progress
- Continuous mentor support till you clear the exam

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CAPF AC 2026

RECORDED **CORE**

(Self-paced Study with Flexible Access)

₹5,900

The **CAPF Recorded Course (CORE)** is designed for self-driven aspirants who need flexible learning access while preparing independently, with the option to add test series and mentorship support as needed.

You Can Count On Us For

- Complete recorded lecture library for Paper-I & II (uploaded as per daily schedule)
- Soft copy PDFs of study material
- Monthly Current Affairs Magazine (PDF)
- **X** No mentorship or Test Series (If needed you can upgrade to PRIME anytime)
- Individual login dashboard to track progress
- Best for class access + study notes only


**BEST
PRICE**



March Ahead with the NDI Advantage Where Aspirants Become Officers

At NDI, we believe every aspirant carries the potential to become an officer. Whether you choose the discipline of our Classroom, the flexibility of Live Online, or the convenience of Recorded learning, our mission is the same: To guide you with structure, mentorship, and support until you earn your ★★★

- **Comprehensive Coverage:** Full syllabus of Paper-I & II, Current Affairs, Essay, Physical Standards (PET), and Interview preparation.
- **Complete Resources:** Hard copy study material for Classroom students, soft copy PDFs for Online learners, plus Monthly Current Affairs Magazine.
- **Continuous Assessment:** Weekly mock tests, essay practice, All-India test series, and detailed performance dashboards.
- **Mentorship Promise:** One-to-one guidance, doubt-clearing sessions, and strategy feedback from expert faculty.
- **Skill Development:** Answer writing clinics, paper-wise evaluation, and PET training plans with mock interview panels.
- **Flexible Access:** Live interactive sessions with recorded backup, or self-paced recorded lectures – valid until the CAPF AC 2026 exam cycle.
- **Supportive Environment:** Peer learning, study hall discipline, and 24x7 access to digital portals for progress tracking and doubt resolution.

 Features may vary depending on the plan you choose (PREMIUM, PRIME or CORE).

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EMBARK ON YOUR JOURNEY TO

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NDI DEFENCE INSTITUTE



Your dream. Our mission. Together, let's build the next generation of Assistant Commandants.

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